CRYSTAL JOSEPH



THERAPIST. CONSULTANT. AUTHOR.

BIO

Crystal is a Licensed Clinical Professional Counselor in Maryland, Licensed Professional Counselor in Virginia, Approved Clinical Supervisor, and author. She is the owner of PsycYourMind, a thriving private practice in Silver Spring, Maryland.

Crystal received her Master of Arts in Counseling Psychology from The Chicago School of Professional Psychology and Bachelor of Arts in Developmental Psychology and Black Studies from the College of William and Mary.

Crystal specializes in PsychoOncology, Anxietyinformed Depression, and Cultural Trauma in the Black community. Her interventions are outfitted with pop culture, media, and world event references as appropriate.

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